

# Brain Rhythms: Recovery of Memories and Sleep

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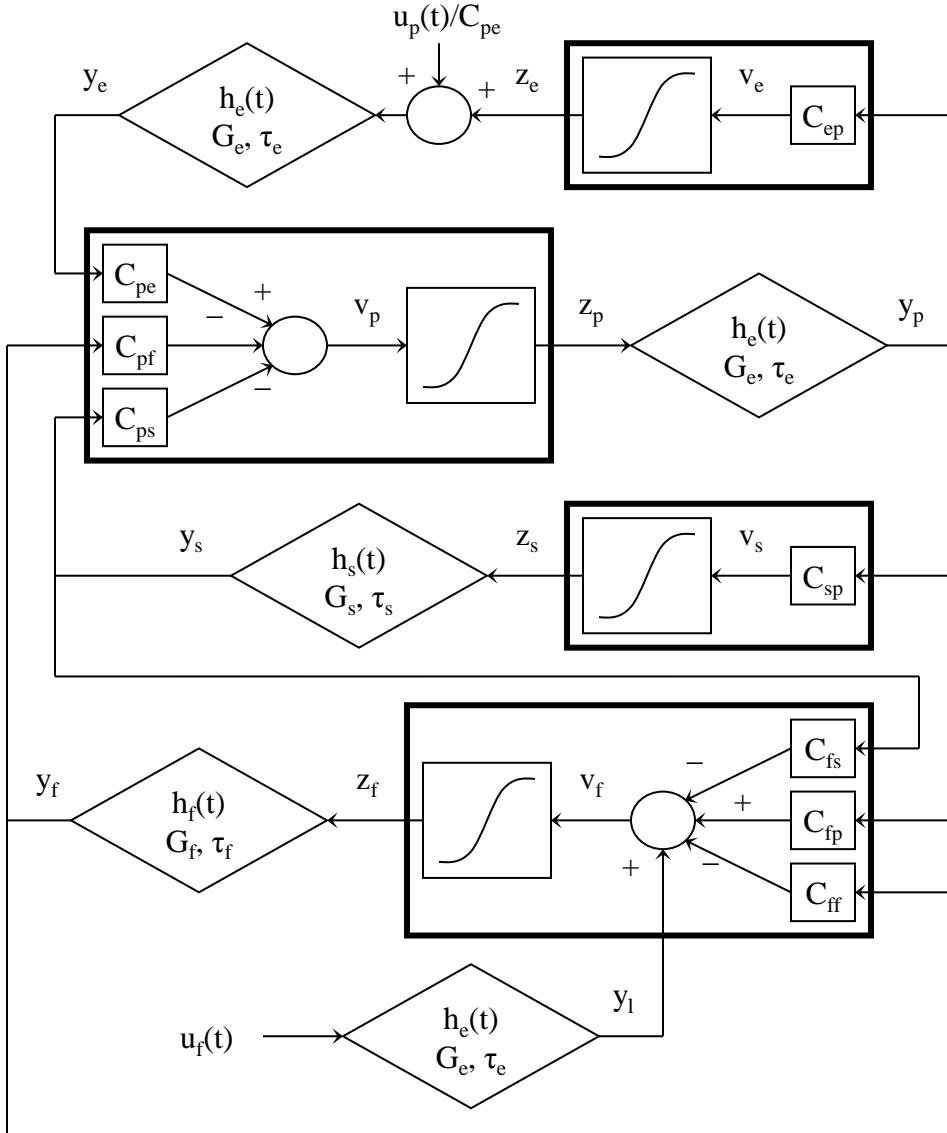
# OUTLINE

- Brain rhythms
- Introduction to Neural Mass Models (NMM)
- The recovery of a sequence of events from memory
- Cortico-thalamic activity during sleep

# BRAIN RHYTHMS

- $\delta$ : < 4 Hz. Characterizes slow wave sleep.
- $\theta$ : 4 Hz to 8 Hz. Is observed in drowsy subjects.
- $\alpha$ : 8 Hz to 12 Hz. Emerges with closing of the eyes and with relaxation.
- $\mu$ : 8 Hz to 12 Hz.  $\alpha$  rhythm that emerges with hands or arms idle.
- $\beta$ : 12 Hz to 25 Hz. Is closely linked to motor behavior, or associated with active, busy or anxious thinking and active concentration.
- $\gamma$ : > 25 Hz. Is observed during the execution of higher cognitive tasks.

# NEURAL MASS MODELS



$$\begin{aligned}
 v_p(t) &= C_{pe}y_e(t) - C_{ps}y_s(t) - C_{pf}y_f(t) + E(t) \\
 z_p(t) &= \frac{2e_0}{1+e^{r(s_0-v_p)}} \\
 \frac{dy_p(t)}{dt} &= x_p(t) \\
 \frac{dx_p(t)}{dt} &= \frac{G_e}{\tau_e}z_p(t) - \frac{2}{\tau_e}x_p(t) - \frac{1}{\tau_e^2}y_p(t) \\
 v_e(t) &= C_{ep}y_p(t) \\
 z_e(t) &= \frac{2e_0}{1+e^{r(s_0-v_e)}} \\
 \frac{dy_e(t)}{dt} &= x_e(t) \\
 \frac{dx_e(t)}{dt} &= \frac{G_e}{\tau_e}\left(z_e(t) + \frac{u_p(t)}{C_{pe}}\right) - \frac{2}{\tau_e}x_e(t) - \frac{1}{\tau_e^2}y_e(t) \\
 v_s(t) &= C_{sp}y_p(t) \\
 z_s(t) &= \frac{2e_0}{1+e^{r(s_0-v_s)}} \\
 \frac{dy_s(t)}{dt} &= x_s(t) \\
 \frac{dx_s(t)}{dt} &= \frac{G_s}{\tau_s}z_s(t) - \frac{2}{\tau_s}x_s(t) - \frac{1}{\tau_s^2}y_s(t) \\
 v_f(t) &= C_{fp}y_p(t) - C_{fs}y_s(t) - C_{ff}y_f(t) + y_l(t) \\
 z_f(t) &= \frac{2e_0}{1+e^{r(s_0-v_f)}} \\
 \frac{dy_f(t)}{dt} &= x_f(t) \\
 \frac{dx_f(t)}{dt} &= \frac{G_f}{\tau_f}z_f(t) - \frac{2}{\tau_f}x_f(t) - \frac{1}{\tau_f^2}y_f(t) \\
 \frac{dy_l(t)}{dt} &= x_l(t) \\
 \frac{dx_l(t)}{dt} &= \frac{G_e}{\tau_e}u_f(t) - \frac{2}{\tau_e}x_l(t) - \frac{1}{\tau_e^2}y_l(t)
 \end{aligned}$$

Ursino et al., 2010

# NEURAL MASS MODELS

Approximation of groups of neurons with their mean activity

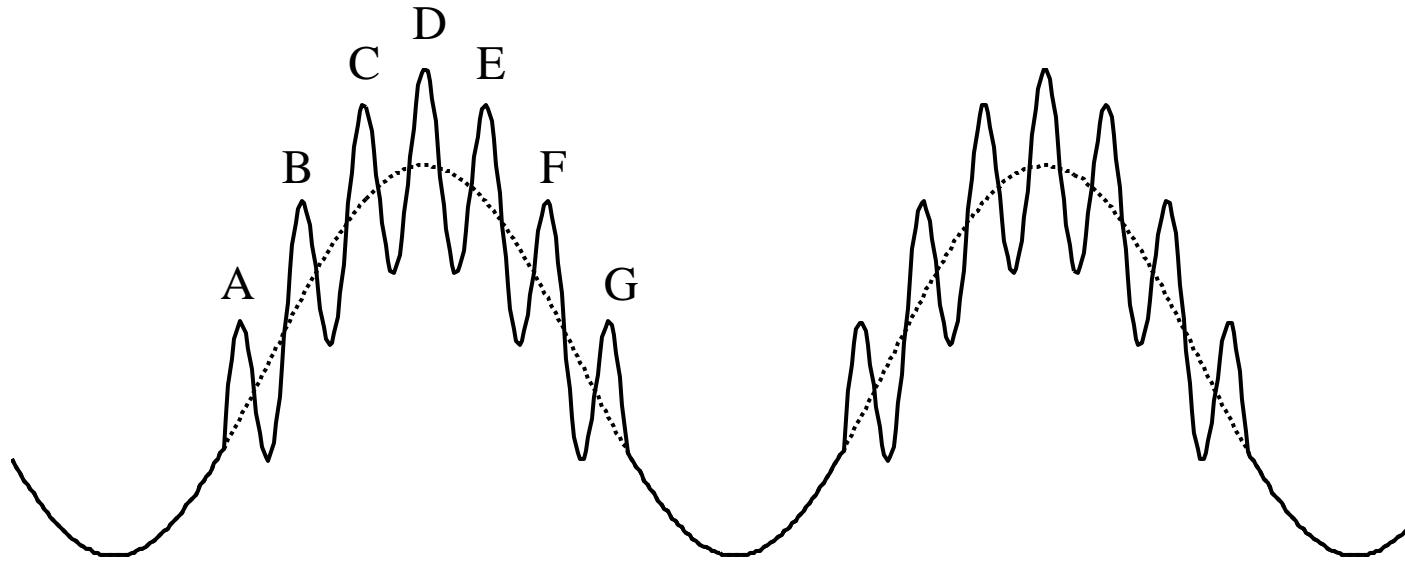
- Realistic activities and waveforms
- Computationally efficient
- Results immediately readable

# NEURAL ASSEMBLY

Ensemble of neurons that take part to the realization  
of a single cognitive task

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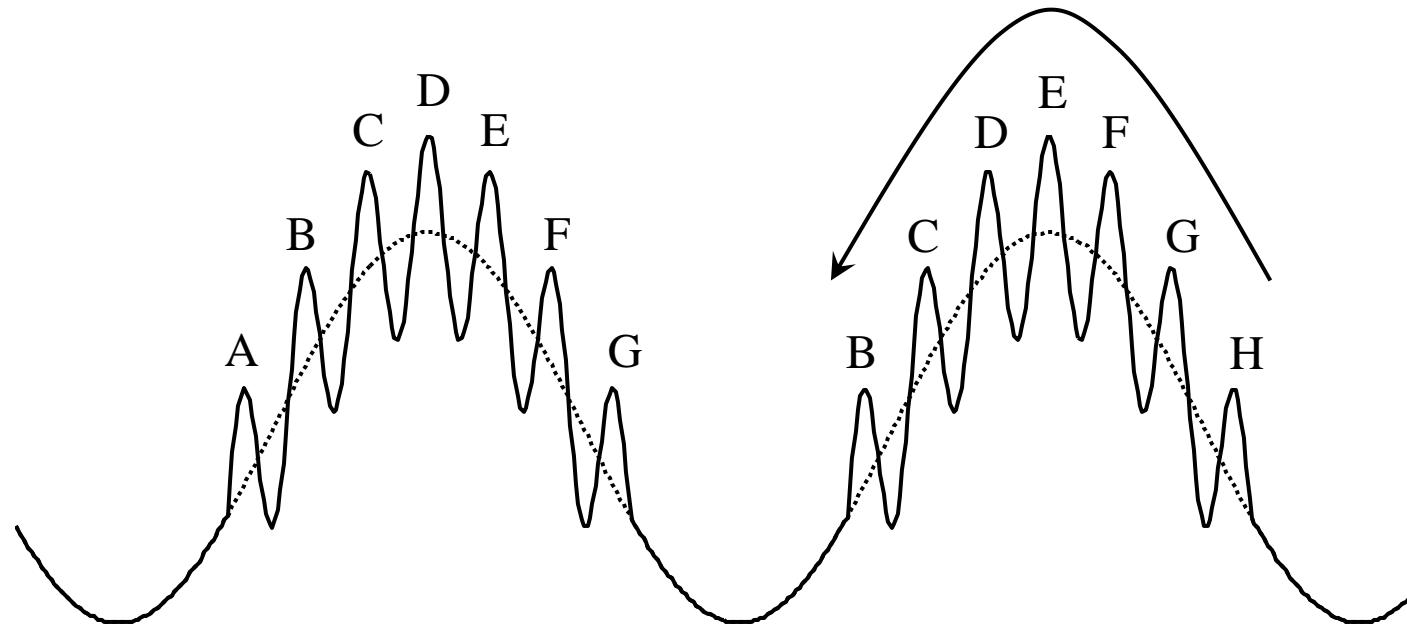


Binding and segmentation: gamma synchronization ( $>25$  Hz) in theta phases (4-8 Hz)

Lisman and Idiart, 1995

# NEURAL ASSEMBLY

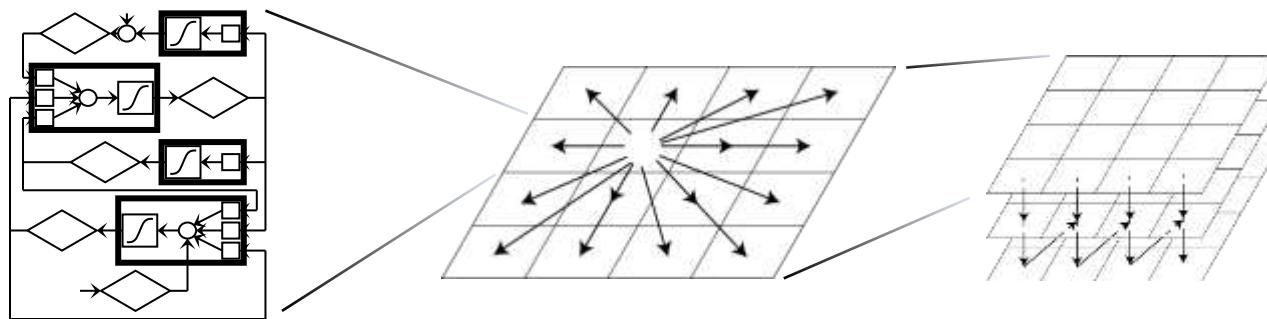
Ensemble of neurons that take part to the realization of a single cognitive task



Precession of the theta phase during task execution  
(e.g. rat travelling through maze)

Skaggs et al., 1996

# A MULTI-SCALE PERSPECTIVE

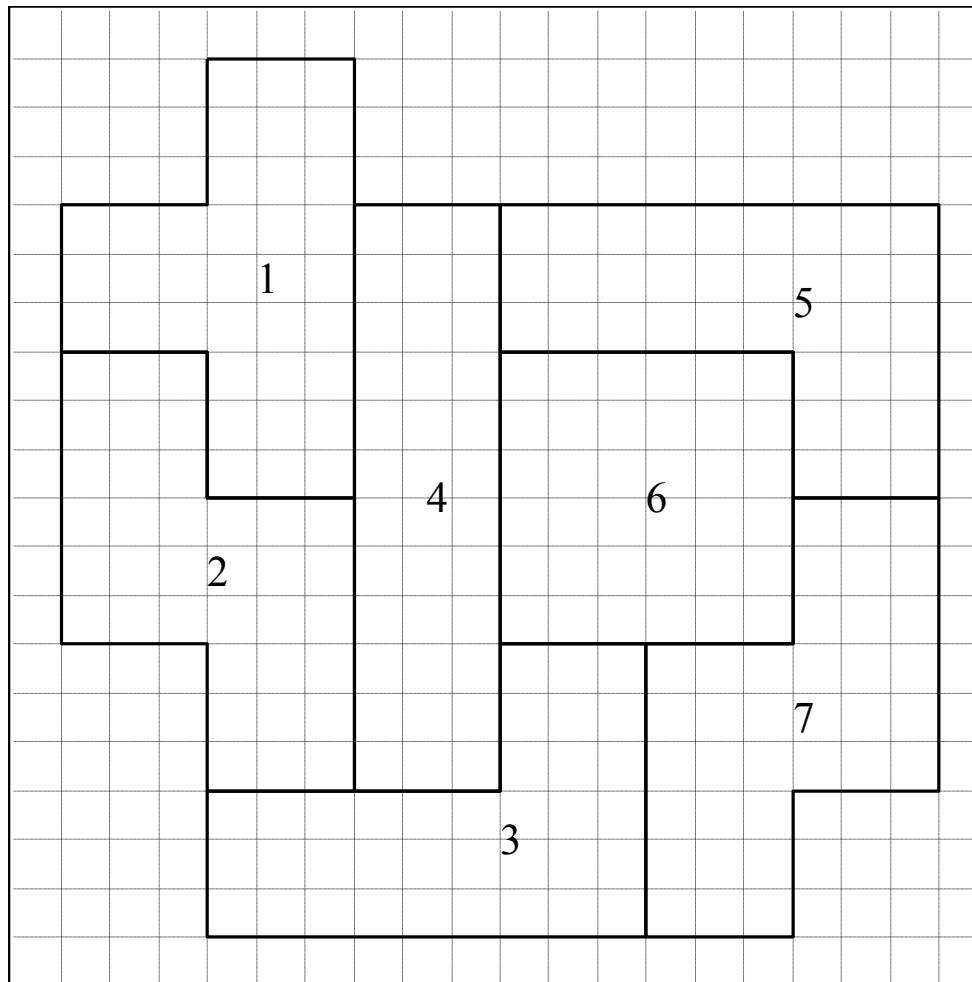


Cortical  
column

Neural  
layer

Neural  
network

# THE OBJECTS

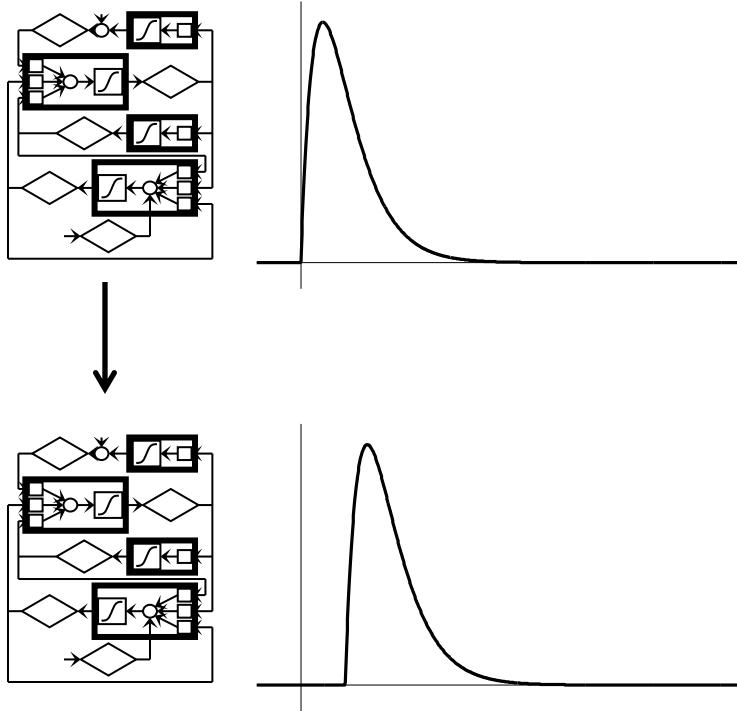


Miller, 1956

# TRAINING RULES

Hebb rule

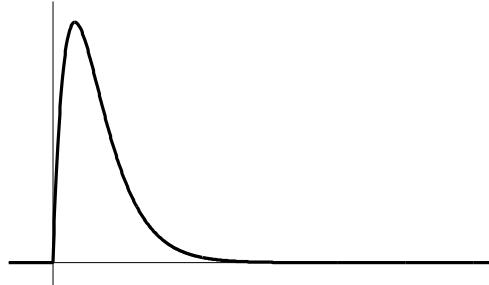
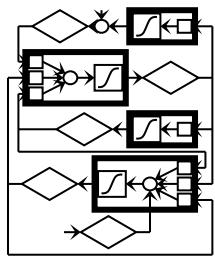
Coherent spikes  
reinforce connections



# TRAINING RULES

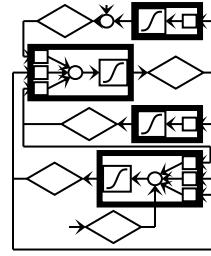
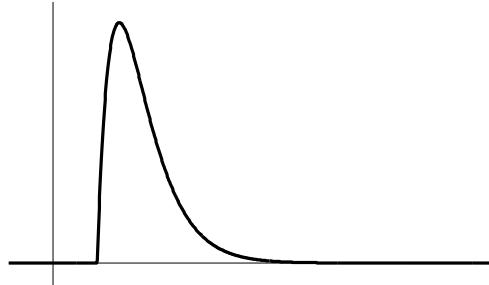
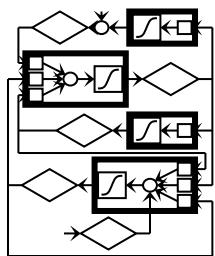
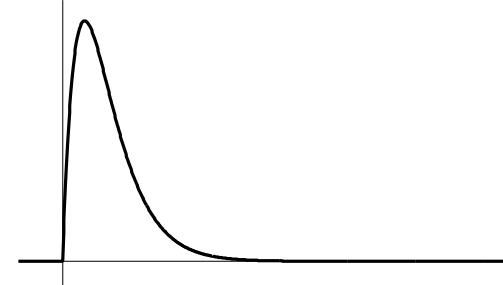
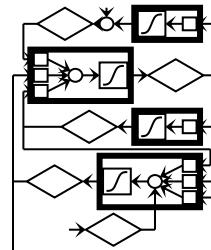
Hebb rule

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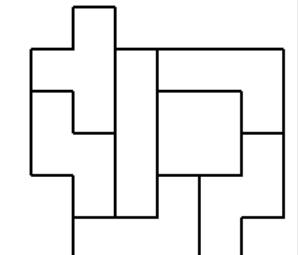
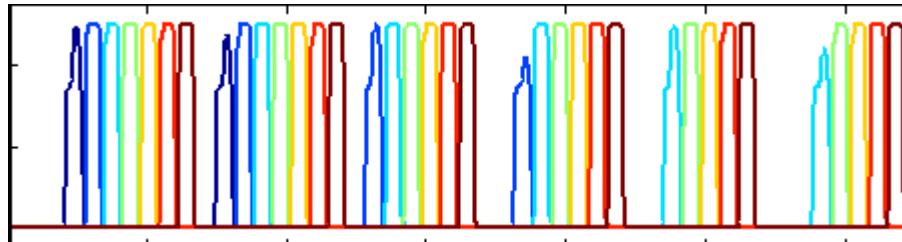
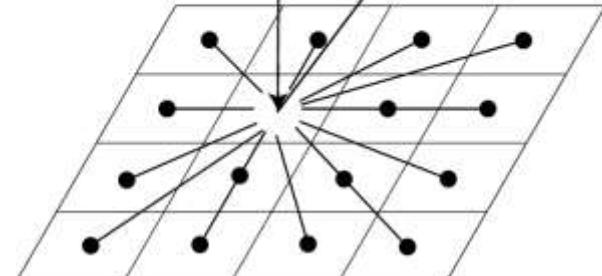
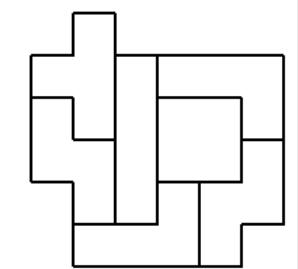
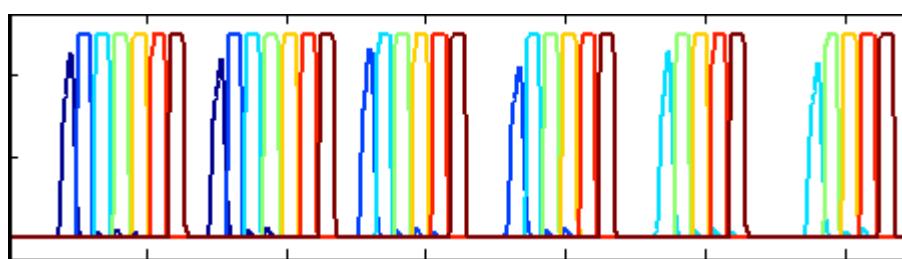
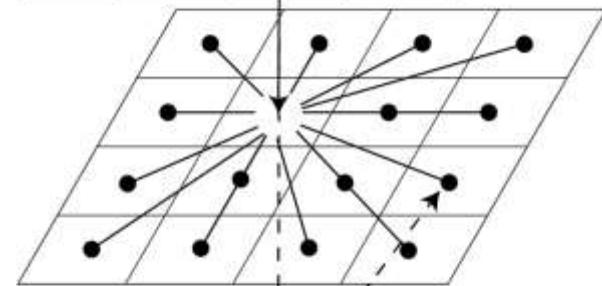
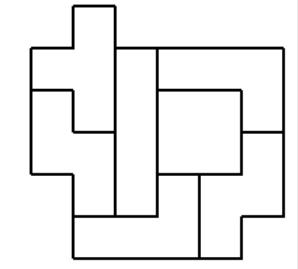
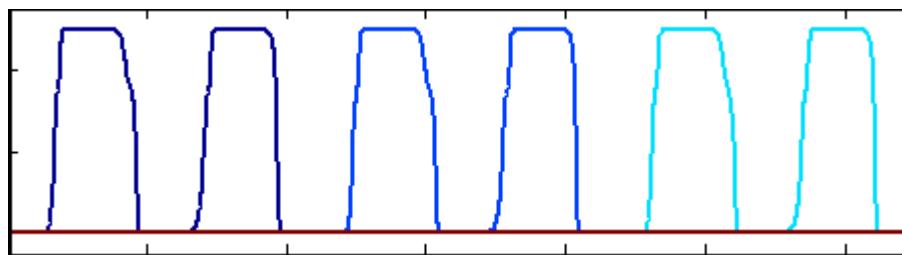
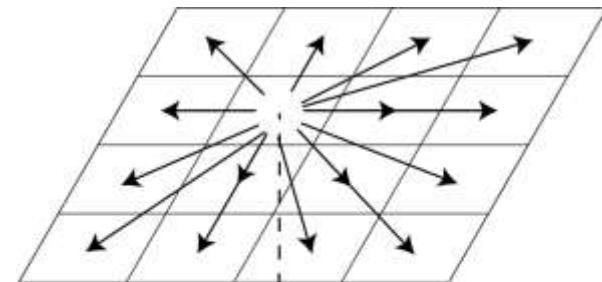
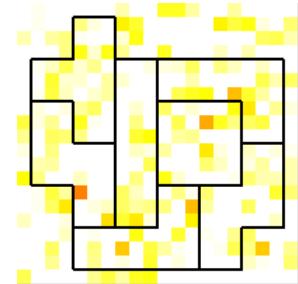
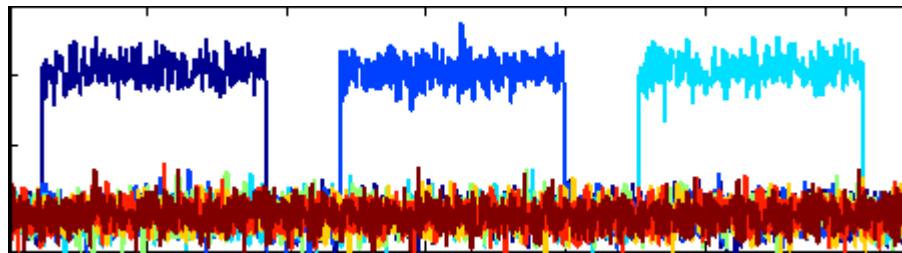


Anti-Hebb rule

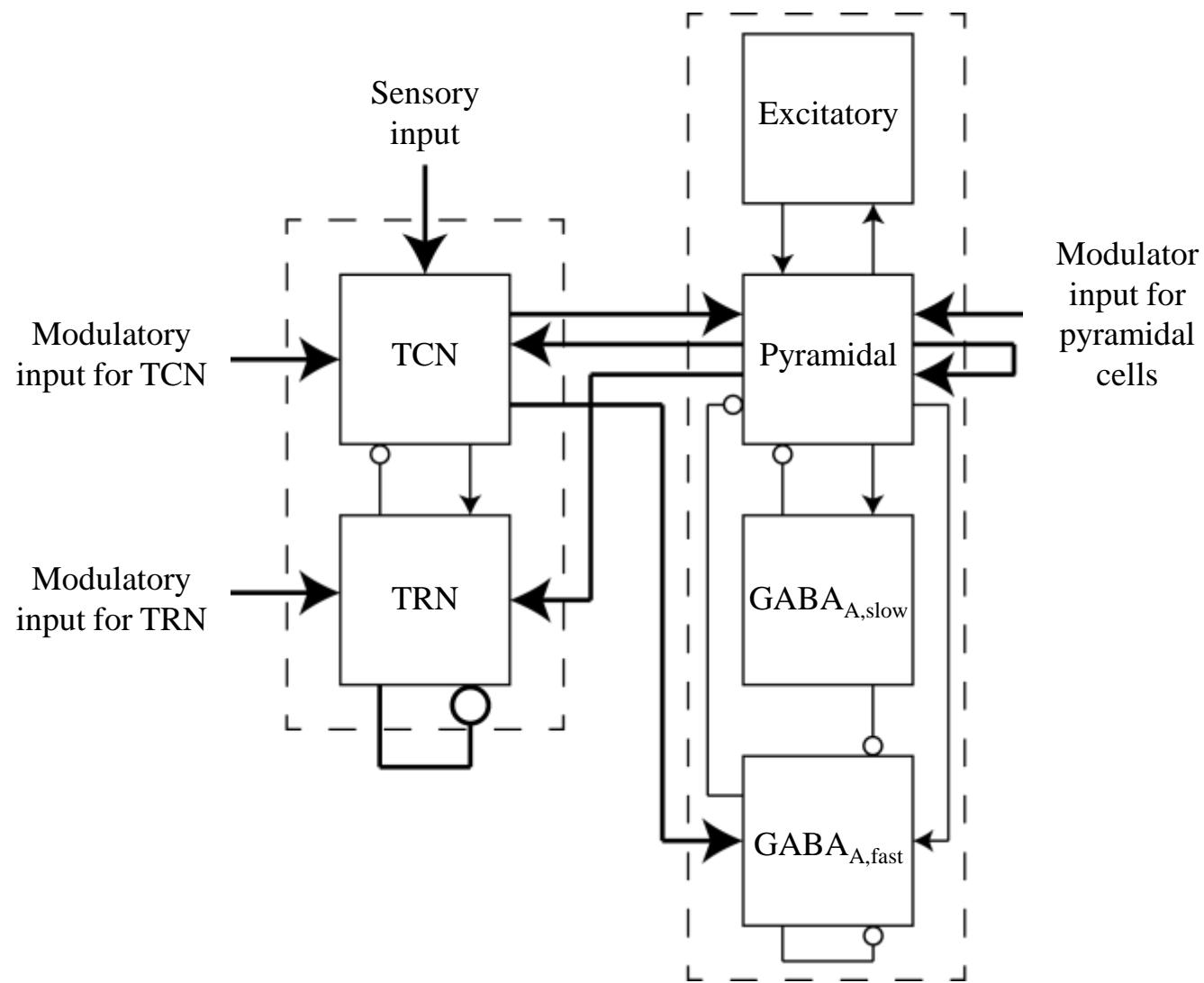
Incoherent spikes  
reinforce connections



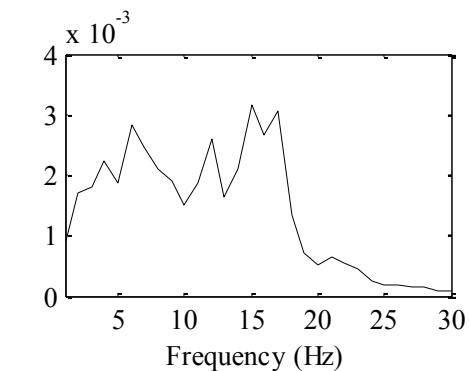
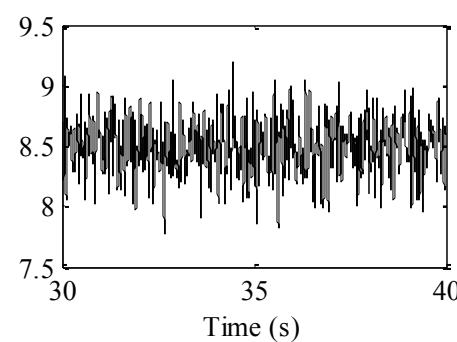
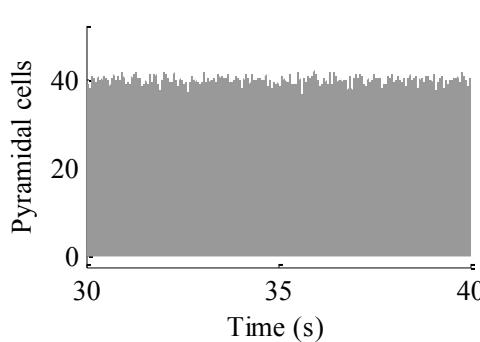
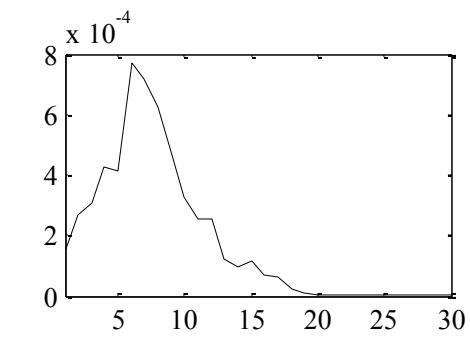
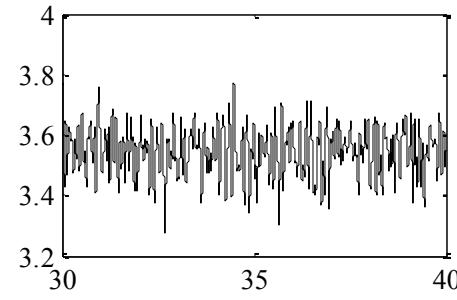
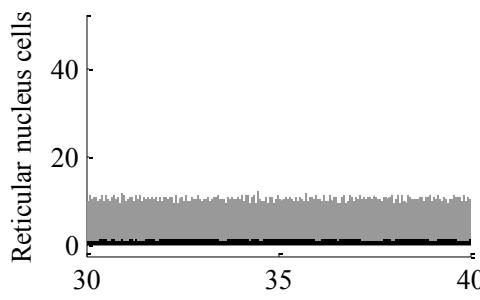
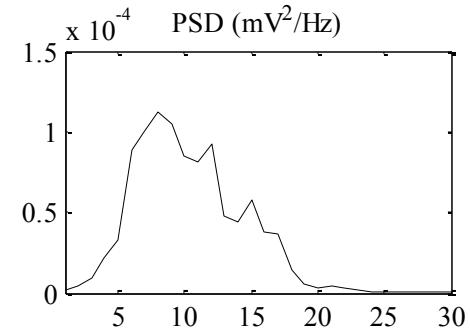
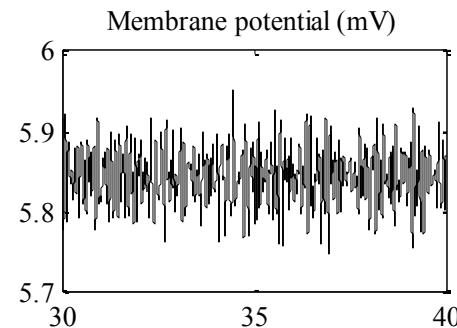
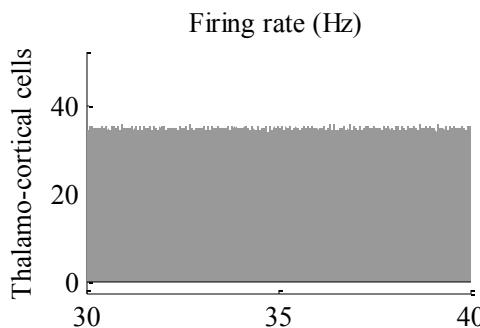
# SEQUENCE AND PRECESSION



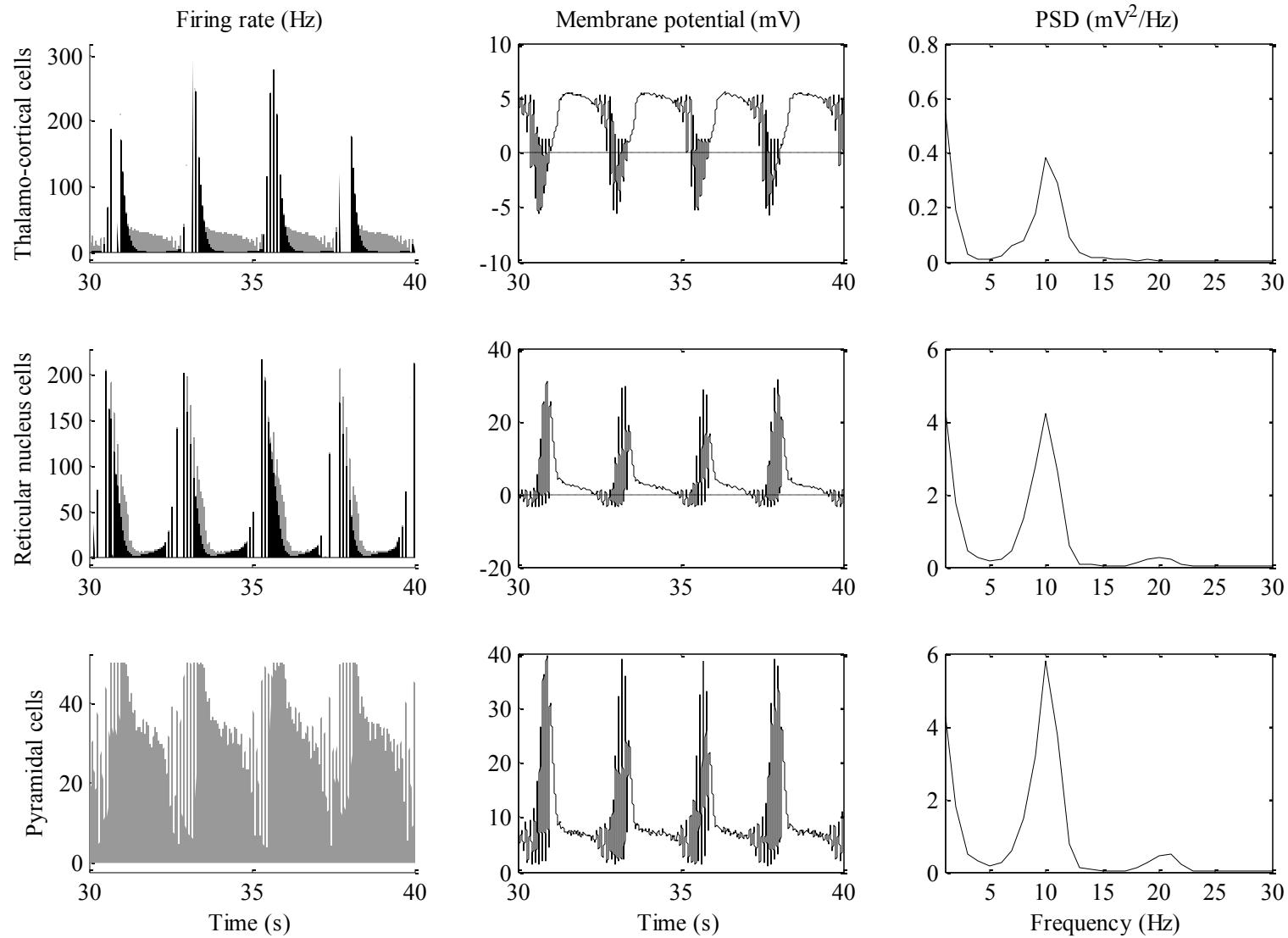
# THALAMO-CORTICAL MODEL



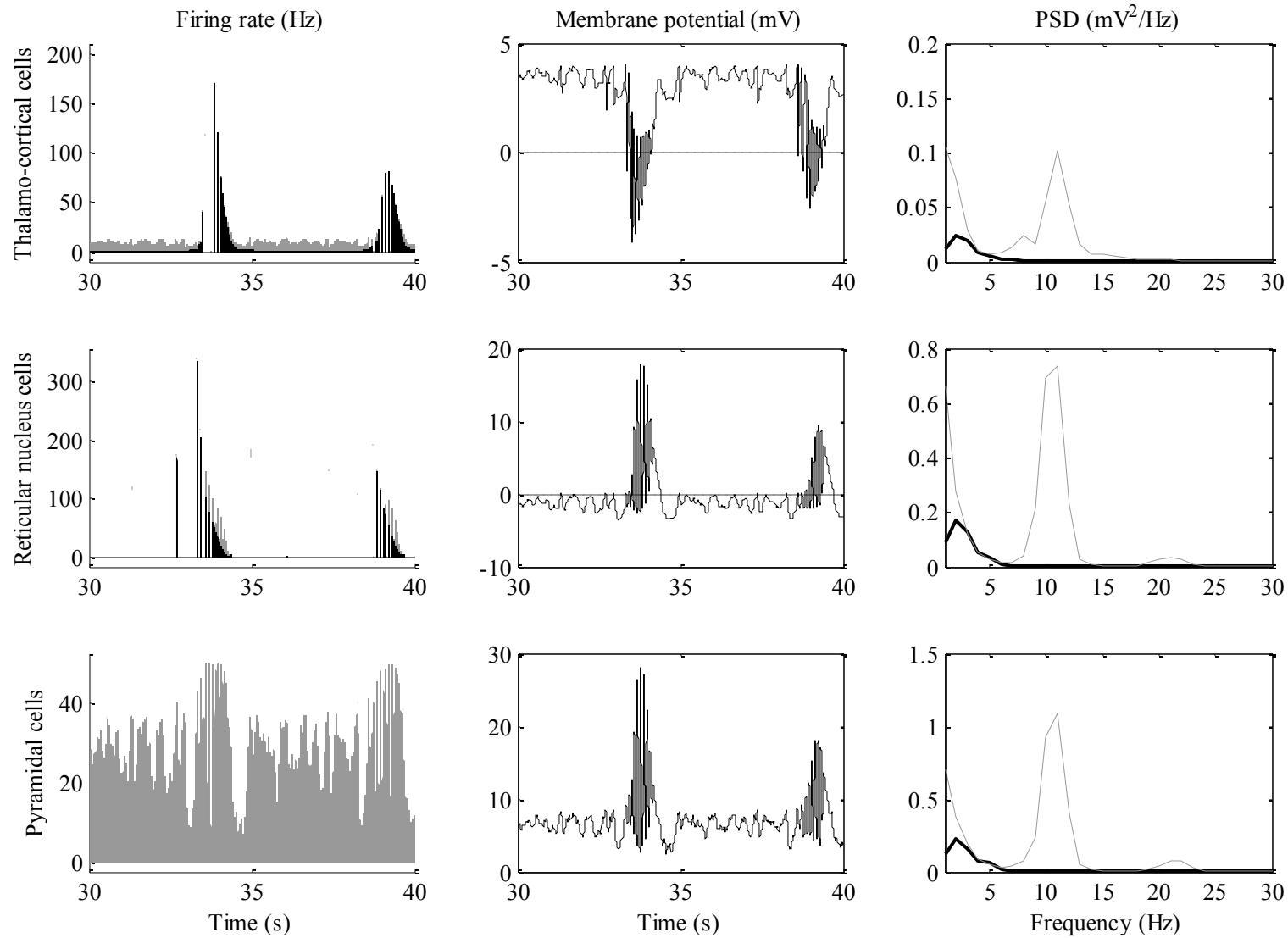
# BETA ACTIVITY



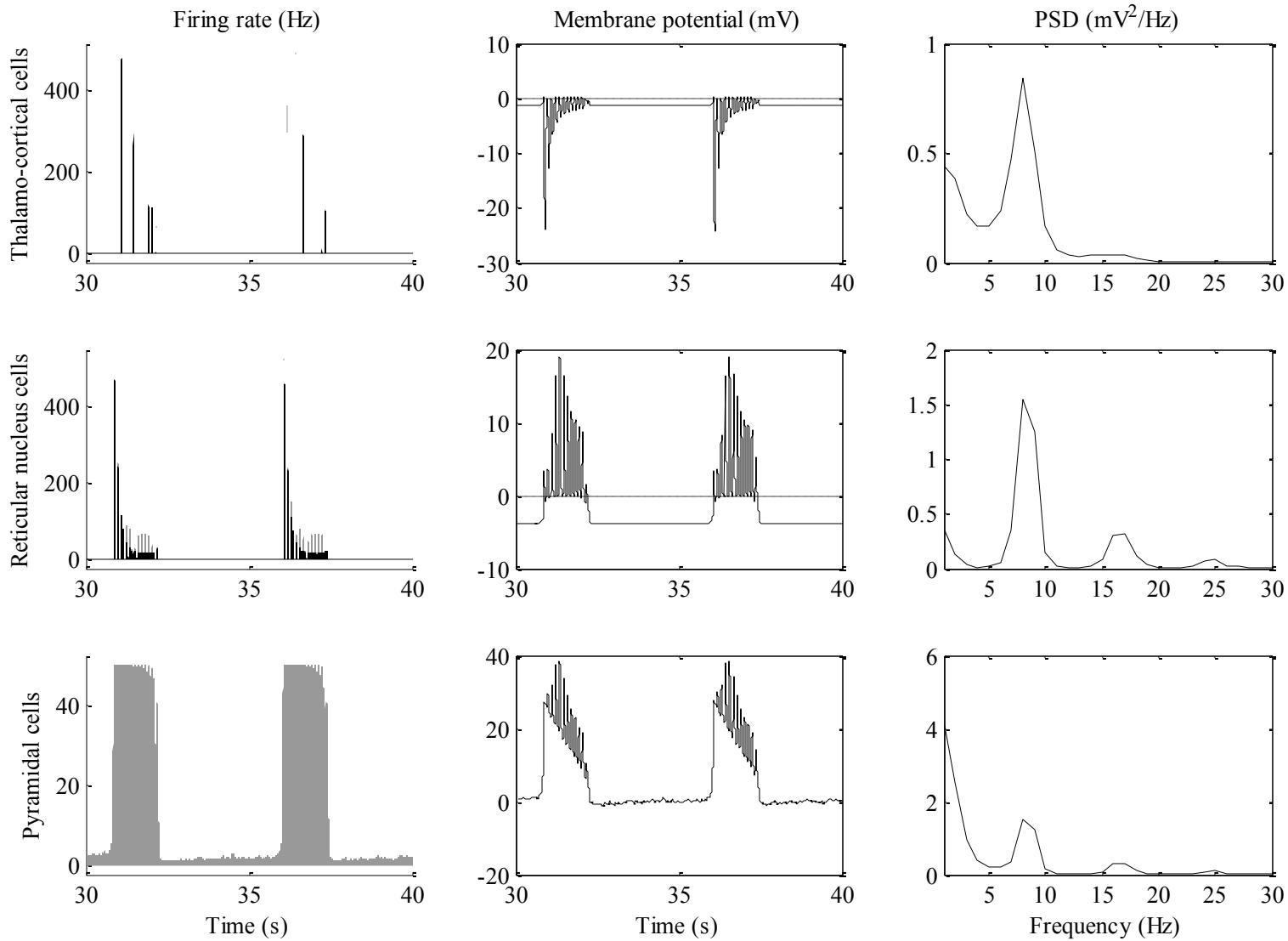
# SPINDLES



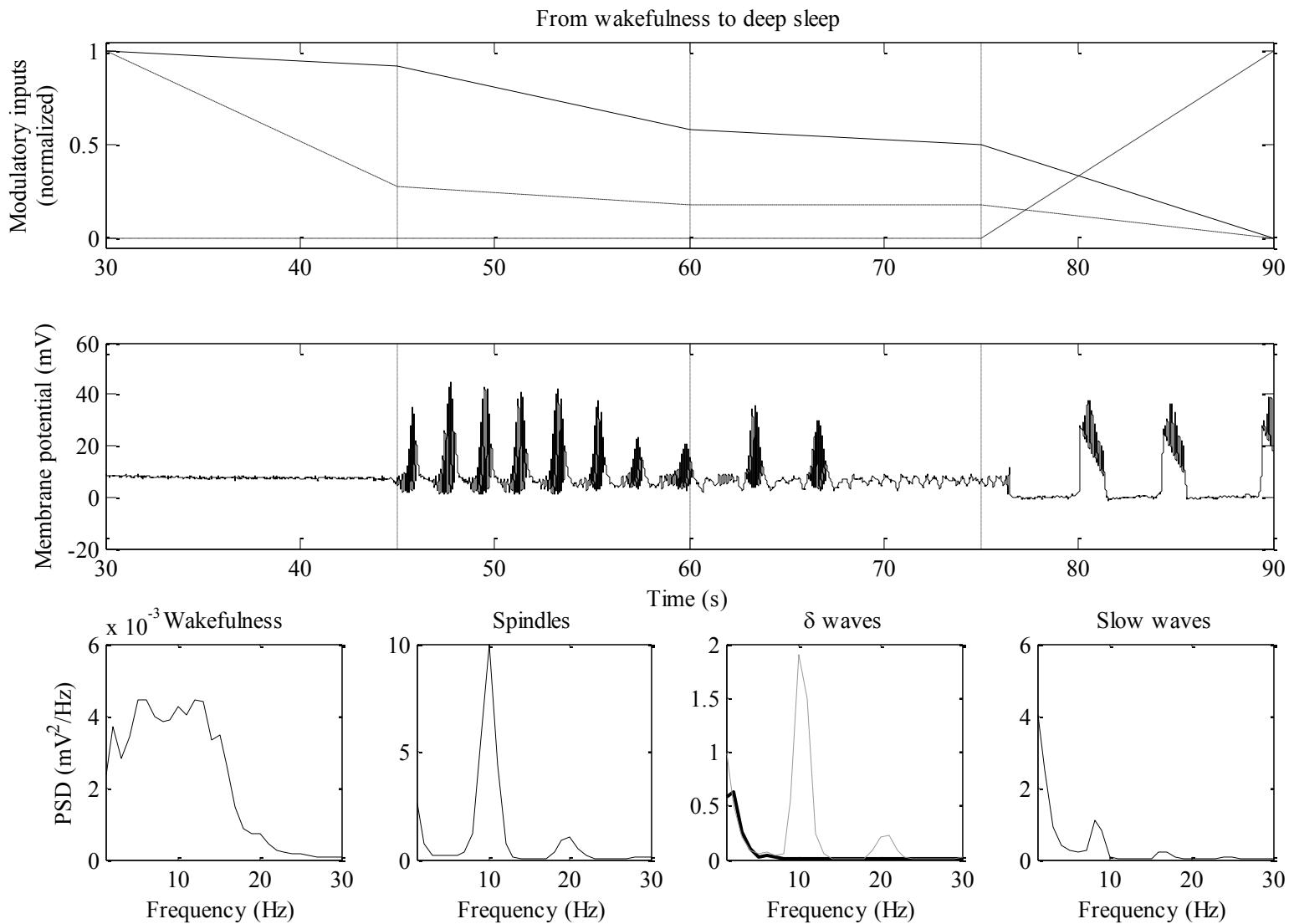
# DELTA ACTIVITY



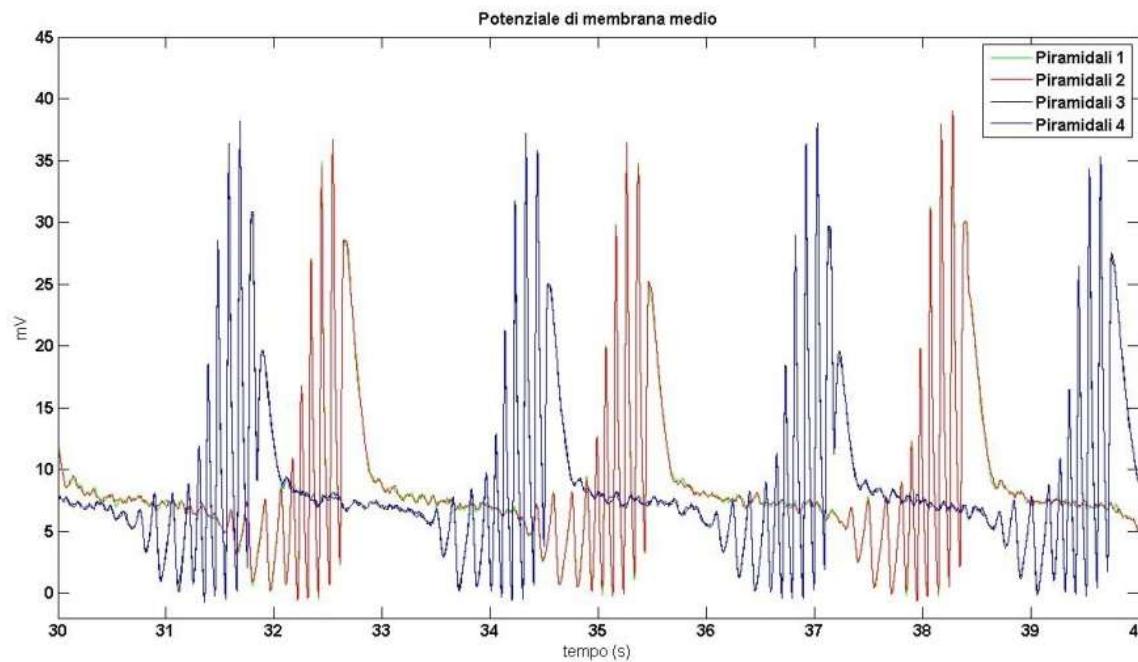
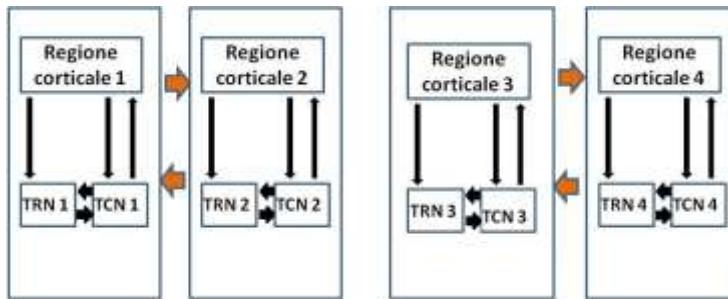
# SLOW WAVE SLEEP



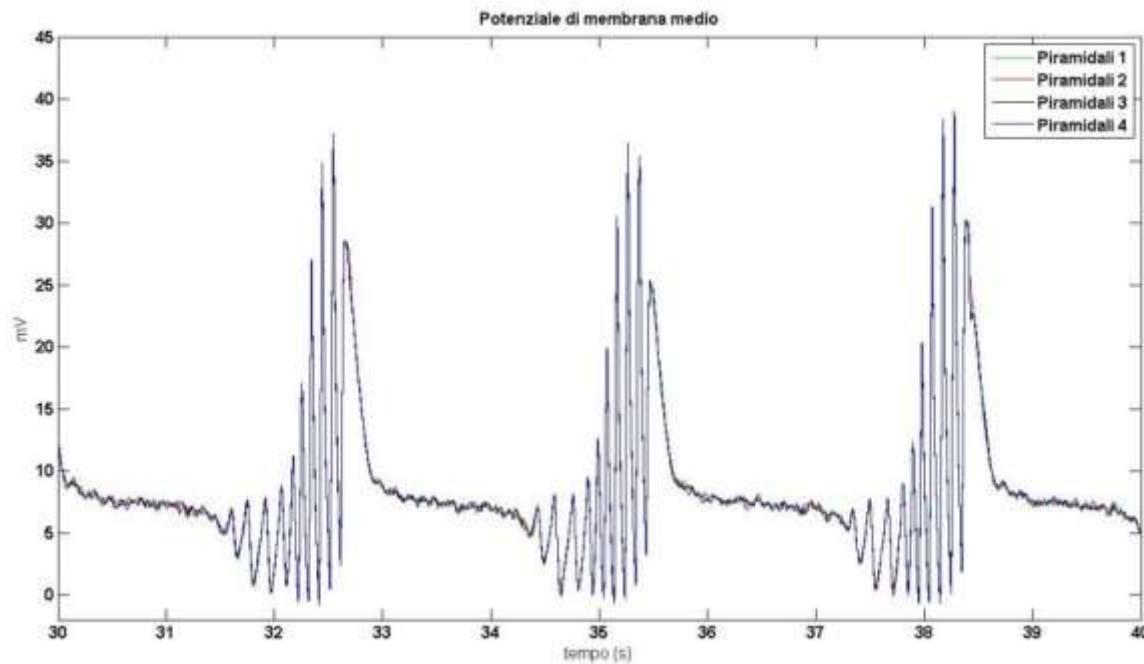
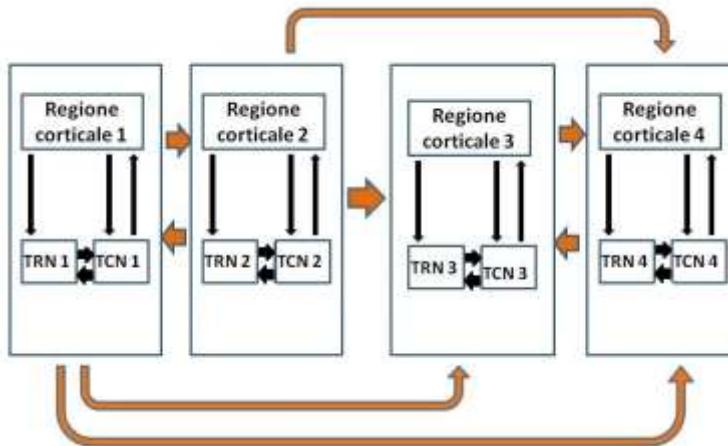
# WAVE-SLEEP TRANSITION



# REGIONS SYNCHRONIZATION



# REGIONS SYNCHRONIZATION



*Thank you*

# REFERENCES

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